



Asquith Mixed Probud Club BULLETIN

PRESIDENT'S CORNER

Hello to all our members. I hope you are all keeping well as the cool weather approaches.

Jim has an informative guest speaker in Margaret Russell this month, unscrambling all the rules for aged care. Please ask your friends to come along and get some good advice.

We have had quite a few visitors recently. Every visitor who walks through our doors is a potential new member. People come along feeling a little unsure, and it's our connection with them that helps them feel at home. Let's make sure every visitor leaves thinking '*what a welcoming group - I'd love to come back.*'

Wishing you all the best.

Mal

*Mal presenting
guest speaker
Julie Evans
with a certificate
of appreciation.*



Meeting Dates at Magpies

General Meetings:

Thursday 4 June

Thursday 2 July

Thursday 6 August

10am for 10.30am start.

Website:

<https://www.asquithmixedprobus.org.au>

Email: info@asquithmixedprobus.org.au

webmaster@asquithmixedprobus.org.au

Bulletin Editor: Sandra Lees



Asquith Mixed Probud Club Inc.

The Secretary: Ruth Barwick

Formed by the Rotary Club of Berowra on 2 October 2008.

Club No: 9003799

District: 9685 PD3 Inc. No: 9890687

Bendigo Bank details for deposits.

BSB No: 633-000

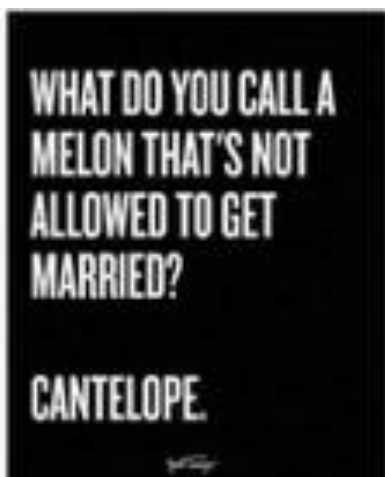
Account No: 139 637 029

PRIVACY: In accordance with the Privacy Act 1988 and recommendation from Probud South Pacific, this newsletter is private and confidential for members of Asquith Mixed Probud Club use only and is not to be used for any other purpose.

COMMITTEE NOTES

1. Everyone spoke highly of Foundation Member Peter Nancarrow and the wonderful Celebration of his Life. Helen was grateful to all those who attended and for the many kind messages of condolence. He will be fondly remembered and greatly missed.
2. Committee members were asked to keep their reports brief at the general meetings due to time constraints.
3. There are some great shows coming up at Riverside Theatre Parramatta, including Dirty Rotten Scoundrels, a musical comedy, The Gospel According to Paul (about Paul Keating) and The Lark, starring the much-loved Noni Hazlehurst. Check their website for dates and booking.
4. It was a great day out on the Harbour for the Japanese Midget Submarine Anniversary Cruise. Two members of the Naval Historical Society delivered a most interesting historical presentation and a delicious morning tea was served.
5. We have had promising results from the membership drive. There were 10 visitors at the June Meeting, with several likely to join. Contacts mentioned were The Bush Telegraph and our website. Denise reports positive feedback that we are a very friendly club which is lovely to hear. Judy Thompson and Pam Slater did a great job greeting visitors and new members. Some suggestions for making new members welcome were coffee mornings, movies, cheese and wine events.
6. Jim continues to book great Speakers for our information and enjoyment. Julie Evans from the Harbour Trust recently highlighted some wonderful places around Sydney Harbour. There are some very interesting speakers in the coming months.
7. Mal displayed promotional material obtained through Probus South Pacific for distribution to letterboxes, libraries, doctors' surgeries, shopping centres, retirement villages etc.
8. Mal also recommended a First Aid App for your phone.

Ruth Barwick, Secretary



TREASURER'S REPORT

Asquith Mixed Probus Club

Final Report as at 31 May 2026



Funds received so far this year	8,077.25	
Reduced by club expenses	(4,466.77)	
Net Earnings To Date		3,620.48
 Add: Previous years' surplus funds		 12,744.59
Leaving members funds available		\$16,355.07
 The above funds consist of cash at bank	 18,742.07	
Less: Advance member payments for future activities and tours	(2,387.00)	
TOTAL MEMBERS FUNDS		\$16,355.07

Funds will only increase with the introduction of new members. Potential new members in June.

Capitation Fees: \$2,150 paid in April.

Venue and morning teas: \$1,865 year to date, currently under budget.

June expenses: Venue costs estimate \$500 plus some costs for printing and stationery.

Treasurer's Report as at 31 May 2026.



ACTIVITIES

DOLLS' GROUP meets on the first Wednesday following our monthly general meeting at 10.15 for a 10:30 start. Please join us for tea, coffee and a chat at Carol Channon's home. Wool, needles and stuffing supplied and the good news is you don't need to be able to knit! 28A Harwood Avenue, Mt Kuring-Gai. **Phone Carol**

****PLEASE NOTE THAT THE JULY DOLLS MEETING WILL BE HELD ON 1 JULY (NOT 8 JULY)****

MAHJONG GROUP meets every Wednesday afternoon from 1.30pm at Asquith Bowling Club. **Contact Pam Clarke for more information**

CARDS' 500 GROUP meets 1st and 3rd Wednesday of the month at 10am at Magpies. New players welcome. **Phone Mary**

MEN'S GROUP meets 3rd Wednesday of the month at 10am in the Pavilion at Magpies. **Contact Robert Allison**

CARERS' GROUP meets 3rd Tuesday of the month at 12.30pm. **Contact Yenda by email at yenda33@bigpond.com**

AMPC Men's Group	Robert Allison	Dolls	Carol Channon
Auditor	Robert Allison	5th Thursday BBQ	Carol & John Channon
Books/DVDs	George Gates	Mahjong	Pam Clarke
Jigsaws	Robert Montgomery	Walks	Laurie Keaton
Cards 500	Mary Glasby	Website	Robert Allison
Carers' Group	Yenda Holland	Assist. Tours/Excurs.	Yenda Holland
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Jim Thompson

AMPC Committee Members	
President	Mal Steel
Vice-President Elect	
Vice-President	John Davies
Secretary	Ruth Barwick
Treasurer	Kevin Watson
Committee	
Bulletin	Sandra Lees
Hospitality	Jane Platts
Membership	Denise Mayhew
Assist. Membership	Robyn Lee
Speaker Co-ordinator	Jim Jeffries
Tours/Excursions	Trish Taylor
Welfare	Nita Shields
Assistant Secretary	Jim Jeffries
Assistant Treasurer	Pam Slater
Walks Co-ordinator	Laurie Keaton
Assistant Walks	Jim Jeffries
Past President	Barry Willick

TRIPS AWAY

*A friendly reminder that there are still vacancies available for the **Royal Princess Cruise**. If you would like to join this cruise please contact Alison Lord as soon as possible. Deposits paid are now non-refundable. Please note that **final payment is due mid-August**.

PROBUS CRUISE

ROYAL PRINCESS - 10 NIGHTS

25TH NOVEMBER - 5TH DECEMBER, 2026

We are planning to join a **Princess Line Cruise** on 25th November, 2026. The itinerary is as follows:

ROYAL PRINCESS – 10 nights

Depart Sydney with stops at Airlie Beach, Yorkey's Knob (Cairns), Port Douglas, Willis Island, Brisbane and return to Sydney.

Prices range from \$6,238 for two people to \$8,266 for two people (price will vary depending on choice of cabin). *Please note prices are subject to change.

No passport needed – Driver's Licence or Photo ID required.

If you are interested in joining this cruise, please book **as soon as possible** with:

Alison Lord
Travel Associates Cruise Boutique
Shop 5, 5-7 Rohini Street
Turramurra NSW 2074

02 9440 8727

alison_lord@travelassociates.com

Any questions please contact Jim Thompson
thstokes@ihug.com.au

FOLLOW THE MIGHTY MURRAY

10 days from 1-10 April 2027

Following a flight to Adelaide we spend two nights in Goolwa. There is a lot of history along the river which should be very interesting. Day 2 the mouth of the Murray at Hindmarsh Island with a cruise on the PS Oscar W, an authentic wood-fired paddle-steamer. Day 3 we make our way to Murray Bridge and Mannum. Day 4 is Walker Flat, one of the most spectacular spots on the river, then on to Renmark for the night. Day 5 is Mildura, a cruise and the inland Botanic Gardens. Day 6 takes us to Wentworth where the Darling and Murray Rivers meet, then Swan Hill for the night. Day 7 is Barham then Echuca for the night. Day 8 we drive through rich fruit growing areas to Rutherglen, then on to Albury for

the night. Day 9 we continue to Khancoban for lunch and then to the headwaters of the Murray before arriving in Thredbo for the night. Day 10 we drive to Cooma, then Canberra for our flight home.

The price of this tour is \$6,240 with a single supplement of \$1,072.

If you are interested in joining this tour, please see Yenda.

YENDA

DAY TRIPS

REPORT ON THE ANNIVERSARY OF THE JAPANESE MIDGET SUBMARINE ATTACK IN SYDNEY HARBOUR

We boarded the **MV Bennelong** with a smile and a promise of clearing skies. We were very lucky and experienced dry weather and smooth cruising.

Our vessel was very well appointed, comfortable and we all enjoyed a delicious morning tea. The speakers from The Naval Historical Society of Australia delivered an excellent comprehensive commentary, supported by information and photos on a screen bringing the commentary to life. Every member received a complementary booklet with detailed information and photos as a souvenir.

Our commentary explained that Japan had submarines that could launch both planes and midget submarines. No other navy had this capability. On the night of May 31, 1942, during World War II, three Imperial Japanese Navy midget submarines conducted a daring, clandestine raid on Sydney Harbour. There had been three reconnaissance flights over Sydney to identify ships in the harbour. Their primary target was allied warships, including the American heavy cruiser **USS Chicago**.



The first midget submarine **M-27** became entangled in the western end of the uncompleted boom net and was unsuccessfully depth-charged by **HMAS Lolita**. The Japanese submariner set off their demolition charges killing himself and his crew member. The second submarine, **M-22** was spotted entering the harbour and the **HMAS Yandra** tried to ram the submarine and dropped 6 depth charges. The result was unsuccessful. **M-22** retreated but later returned. **HMAS Sea Mist** sighted the **M-22** at Taylors Bay and sank her with two depth charges. The third submarine, **M-24** fired two torpedoes at the **Chicago** at 12.30 am. Both torpedoes missed the **Chicago**. The first torpedo exploded on the sea wall of Garden Island. This was beneath the **HMAS Kuttabul** which broke her back and sank her, sadly killing 21 sailors. The second torpedo beached itself on the northern end of Garden Island

and failed to explode. **M-24** left the harbour at 1.58 am and disappeared. In 2006 the **M-24** was found off the northern beaches.

Sadly, early warnings (first warning 8.15 pm) of the mini submarine attack were ignored due to human misinterpretation. It was not until the trapped submarine exploded that a general alarm was sounded for the city and naval defences. By this time, two other submarines were already loose in the inner harbour, one of which launched torpedoes and sank the **HMAS Kuttabul**.

The attack on Sydney brought the brutality of the Pacific War directly to the Australian mainland. Just days after the attack the mother submarines shelled parts of Sydney's eastern suburbs and Newcastle. Thankfully, there was limited structural damage.



TRISH

SECRETS OF THE CITY CIRCLE WALKING TOUR

16TH JULY, 2026, 10.00 AM - \$25.00

***NOW CLOSED - WAITING LIST ONLY**

This unique tour uncovers the hidden stories, quirky history and surprising secrets of Sydney's iconic City Circle train loop. We explore each station's design, forgotten features and fascinating tales - all while travelling on regular trains in a fun, hop-on hop-off format.

Key details:

- **Starting/End Point:** Central Station Platform 1
- **Duration:** Approximately 3 hours
- **Style:** Hop-on, hop-off format visiting all City Circle stations
- **Walking Level:** Low amount of walking, some stairs involved at some stations
- **Transport:** You'll need an Opal or contactless debit/credit card to tap on/off trains

Catch the **8.49 am** train from Hornsby (platform 3), arriving at Central 9.26.
Return CCN trains 1.20 pm, 1.50 pm, 2.20 pm, 2.50 pm, 3.20 pm.

TRISH

LUCAS HEIGHTS DISCOVERY CENTRE

THURSDAY, 20th AUGUST 2026

\$100.00

Pick up: Rofe Park, Hornsby Heights, 8.30 a.m. - return approximately 5.00 p.m.

***FINAL PAYMENT DUE 2ND JULY, 2026**

The Australian Nuclear Science and Technology Organisation (ANSTO) is home to some of Australia's most critical scientific infrastructure including the nation's only research reactor, a suite of neutron beam instruments, particle accelerators, cyclotrons and the Australian Synchrotron.

The education officers will explain how through applying their knowledge of the basic building blocks of our universe, scientists are helping solve the big issues surrounding health, climate change and innovation for industry. The tour is customised for our group with non-technical explanations and minimal walking.

Following our tour at ANSTO, we will enjoy a relaxing two-course lunch at the Woronora Boat Shed, a picturesque riverside venue. If time permits, we will finish the day with a visit to Hazelhurst Art Gallery.

***Each member must bring their ID with them on the day.**

***Enclosed shoes must be worn - no open toed sandals.**

Tour includes:

- Morning Tea
- Guided tour of Lucas Heights Discovery Centre
- 2 course lunch at Woronora Boat Shed
- Coach transport

***PLEASE ALSO FILL OUT YOUR DETAILS ON THE ANSTO TOUR BOOKING SHEET.**

TRISH



Members visited the Art Gallery of NSW to see this year's Archibald, Wynne and Sulman Exhibition and enjoyed a guided tour of the Archibald's.

Guide Pam gave insights into the artists and the works as well as interesting anecdotes.

TOUR OF NSW PARLIAMENT & HIGH TEA

FRIDAY, 18TH SEPTEMBER, 2026

TOUR - 11.30 A.M. FOLLOWED BY HIGH TEA - 12.30 P.M

\$70.00 pp

***MAXIMUM NUMBER 24**

***PLEASE NOTE THIS IS A FRIDAY TOUR**

PAYMENT DUE 6TH AUGUST, 2026

Step back in time into one of Sydney's oldest buildings. Over one hour visit the historic legislative chambers, experience the beautiful colonial architecture while learning more about the role, history and work of Parliament. The tour concludes in the Strangers Restaurant at NSW Parliament where high tea will be served - including a chef's selection of sweet and savoury items, tea and coffee. The restaurant will cater for Gluten Free and Vegetarian requirements - dairy free is not available.

We will catch the 10.12 a.m. train from Hornsby (Platform 1) to Chatswood station arriving 10.36 a.m. Change to Metro 10.40 a.m. (Platform 2) arriving 10.52 a.m. Martin Place station (Platform 3).

TRISH



Carol Channon handing over two bags of dolls, made by Carol and her team of dedicated helpers, to Sandra Death for delivery to the Westmead Children's Hospital.

Well done to all those involved in contributing to this very worthwhile cause.

WALKS

Two great walks coming up. If you haven't done so already, please ensure you pre-order your meals and morning tea for the July walk.

Thursday, 23 July 2026, EDGECLIFF to ROSE BAY

Lead Laurie + to be advised

- WHERE:** Edgecliff Station to Lyne Park, Rose Bay, plus Point Piper extension.
- WHAT:** **3.2 km or 4.5 km with optional Point Piper loop.**
Scenic Redleaf Pool, Seven Shillings Beach, Rose Bay Promenade, Lyne Park and ferry trip back to the Quay. Additional walks of your choice in Lyne Park
- 3.2 km: One set of steps and short hill on the 3.2km walk.
- 4.5 km: Point Piper Loop involves challenging steps at Duff Park Lookout, a hill and narrow footpath.
- TRAVEL** **9.04 Hornsby platform 3, arrive Central 9.40.**
Change to Platform 24, 9.49 to Edgecliff Station
- MORNING**
- TEA:** Scenic Redleaf Pool – 30 minutes
- LUNCH:** Sugar and Spice, Lyne Park - details at meeting re pre-booking of meals.

Thursday, 27 August 2026, FEDERATION WALK WATSON'S BAY

We are no longer travelling through Bondi Junction for the Federation Cliff Top walk due to problems with bus transport. This walk is one of Sydney's most spectacular and is not to be missed.

- WHERE:** Lancaster Road, Dover Heights to Watson's Bay.
- WHAT:** **Long walk:** 5.4 km, Lancaster Road to The Gap.
Lead: Kevin
- Short Walk:** 3 km, South Head Cemetery to The Gap.
Lead: Laurie
- TRAVEL:** **8.43 Berowra, 8.57 Hornsby platform 1, arrive Wynyard 9.40.**
10.15 Ferry to Watsons Bay, arrive 10.38. Bus 380 to start points.
- LUNCH:** Coffee at the Quay and lunch at Doyle's Takeaway.

WALKS CHRISTMAS GET-TOGETHER

Thursday, 26 November 2026, Lunch at Berowra RSL

- 10.00 – 12.00: Morning Tea and local walk in Mount Kuring-Gai.
12.00 for 12.30: Lunch at Berowra RSL.

Members: Here is an invitation for your friends. All visitors are welcome.



Invitation to Asquith Mixed Probus Club's July meeting

Do you really understand Aged Care rules?

Please join us for an informative session with Margaret Russell, a manager with 28 years' experience in both residential and home care. Margaret will unravel the complexities of the new "Support at Home" program - helping you make sense of the rules that affect seniors today.

Beyond informative talks, Asquith Probus offers retirees a welcoming club with opportunities for new social connections, interesting outings, walking groups, and stimulating speakers.

We meet at Magpies Club, Waitara on the first Thursday of the month at 10:15 for 10:30. Contact Denise: 0416 179 383 or email: ampcmembers@gmail.com



5th THURSDAY BBQ

The next 5th Thursday BBQ will be held on Thursday 30 July at the Galston Community Recreation Reserve, off Galston Road, adjacent to the Galston Indoor Aquatic Centre. A large undercover barbeque area is provided with gas fired stainless steel BBQs. Tables and chairs are provided but you may like to bring your own picnic chairs. Please bring your own food and drinks.



John & Carol Channon

SPEAKERS



Our Speaker in July will be Margaret Russell, Business Manager at Abel Tasman Village.

Margaret brings over 28 years of experience in the aged care sector, spanning both residential and home care.

Margaret will be presenting the new Support at Home program, introduced on 1 November 2026. This program offers a range of challenges for individuals seeking services to support independence at home.

In August we welcome Anita Jacoby who has just finished her second term as Chair of the ABC Advisory Council. Anita is Executive Chair of Women in Media and is on the boards of Chief Executive Women, Documentary Australia and the UK based Duke of Edinburgh International Award Foundation. She was responsible for a number of successful original television series including Enough Rope, The Gruen Transfer, Elders and Hungry Beast.

HOSPITALITY

We'd love to see you all at the Probus BBQ in October and our end of year lunch in November. Please register at the Hospitality booking table.

Probus Birthday BBQ

On 15 October at 12 noon we will have our annual birthday BBQ at Bobbin Head in the pavilion. Sausages and salad will be provided. Please bring your own cutlery, plates, glasses and drinks. Cost is \$20 per person.

End of Year Lunch: On Thursday 19th November at 12 o'clock we will have our end of year lunch at *Asquith Bowling Club*. There will be a two-course lunch consisting of a main and a dessert. Cost is \$50 per person.



DATE	ACTIVITY	CONVENOR	PAGE
Every Wednesday	Mah-Jong Asquith Bowling Club	Pam Clarke	3
1 st & 3 rd Wed 10am	500 Cards Magpies	Mary Glasby	3
3 rd Wed of Month	Men's Group Magpies	Robert Allison	3
3 rd Tuesday of Month	Carers' Group	Yenda Holland	3
2 July 2026	General Meeting	Mal Steel	
9 July 2026	Committee Meeting	Mal Steel	
1 July 2026	Dolls	Carol Channon	4
16 July 2026	Secrets of the City Circle Walking Tour	Trish Taylor	7
23 July 2026	Edgecliff to Rose Bay Walk	Laurie Keaton	10
30 July 2026	5 th Thursday BBQ	Channons	
6 August 2026	General Meeting	Mal Steel	
13 August 2026	Committee Meeting	Mal Steel	
12 August 2026	Dolls	Carol Channon	4
20 August 2026	Lucas Heights Discovery Centre	Trish Taylor	8
27 August 2026	Federation Walk Watson's Bay	Laurie Keaton	10

